



We invite you to join us for 7 candle-lit dinners over 7 Tuesday nights (8 October – 19 November) and experience The Marriage Course, which will help you build a healthy marriage that lasts a lifetime, and to enrich your relationship.

What is *The Marriage Course*?

Over seven evenings spent together couples talk about important issues that can get swept under the carpet in the rush of daily life.

Each evening begins with a candlelit meal at a table for two. There is then a DVD talk followed by an opportunity to discuss the topic together as a couple.

The setting is welcoming, relaxed and unthreatening, and the course is offered at no cost to participants.

Topics covered include:

- recognising each other's needs,
- learning to communicate effectively, resolving conflict, healing past hurt, knowing how to make each other feel loved, the impact of family past & present,
- good sex, making time for each other and having fun together.

Privacy as a couple is always respected. There is no group discussion and no requirement to disclose anything about your relationship to anyone else.

Who is it for?

The Marriage Course is for any couple wanting to build a strong and lasting relationship, especially:

Those in the first five years of their marriage or committed relationship.

Those at a challenging stage of their marriage e.g. the birth of a child, a career change, teenagers at home, the 'empty nest' time.

Those struggling with issues in their relationship.

The course, whilst based on Christian principles, is helpful for any couple with or without a Christian faith or church background.

You will need to arrange your own babysitting.

We look forward to seeing you.

Helen and Ian Harris
Course Coordinators

Chapel Hill Uniting Church

The Marriage Course

Registration Form

Names of Participants

First Name	Surname	Email address	Phone
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Dietary Requirements (allergies, strong dislikes etc)

Name	Details
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Optional: To help us get to know you ...

**How long have you been married or
in a committed relationship?**

**Do you belong to a church?
If so, which one?**

How did you learn about this course?

Please send the completed form as soon as convenient to:

**Helen & Ian Harris, 150 Tinarra Cres,
Kenmore Hills 4069.**

Or email to: hlharris1281@outlook.com