



An invitation to...

the marriage course

A seven session course for any
married or cohabiting couple,
whether your relationship is
strong or you are struggling

the **marriagecourse** formula

= fantastic atmosphere + romantic meal for two
+ practical talks + couple discussion times
+ **NO GROUP WORK!**

Registration Form

Please complete this form and then send to the Lucases – at 16 Mandalay St, F.T P. 4069, as soon as convenient, email to jh.lucas@bigpond.net.au or ring 37202627 if any queries.

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|--|--|---------------------|--|------------------|
| Titles | | First Names: | | Surname: |
| Address: | | | | |
| Email Address: | | | | Phone No: |
| Have you any food allergies? Or strong dislikes! | | | | |
| How long have you been married or in a committed relationship | | | Do you belong to a church? If so which one? | |
| How did you learn about this course? | | | I enclose a payment of \$100 (or please bring on the first night.) | |

PS You are not obliged to answer any questions – just helps us know a little about you so we have some idea who you are when we meet you!

DATES OF NEXT COURSE: Thursdays August 3,10,17,24 & 31 and Sept 7 & 14 from 6.45 to 9.30

CONTACT

Helen and John Lucas

PH 37202627

jh.lucas@bigpond.net.au

16 Mandalay St, Fig Tree Pocket



Chapel Hill Uniting Church
cnr Moggill Rd and Chapel Hill Rd

We invite you to join us for 7 romantic candle-lit dinners on Thursday nights from August 3 to Sept 14 and experience The Marriage Course, that helps you to build a healthy marriage that lasts a lifetime, and to enrich your relationship. The Course will be held at our home in Fig Tree Pocket.

What is *The Marriage Course*?

Over the seven evenings, couples talk about important issues that can get swept under the carpet in the rush of daily life. Each evening begins at 6.45pm for 7.00pm with a candlelit meal. There is then a DVD talk followed by an opportunity to discuss the topic together as a couple over Coffee and Dessert. The setting is welcoming, relaxed and unthreatening, and we finish at 9.30, so its good for babysitters!

Topics covered include: recognising each other's needs, learning to communicate effectively, resolving conflict, healing past hurt, knowing how to make each other feel loved, the impact of family past & present, good sex, making time for each other and having fun together. Privacy as a couple is always respected. There is no group discussion and no requirement to disclose anything about your relationship to anyone else.

What is the cost?

We would ask you to pay \$100 per couple which helps towards the cost of all your 2 course meals and the required Manuals.

Who is it for?

The Marriage Course is for any couple who wants to build a strong and lasting relationship especially:

- Those in the first five years of their marriage or committed relationship.
- Those at a challenging stage of their marriage e.g. the birth of a child, a career change, teenagers at home, the 'empty nest' time.
- Those struggling with issues in their relationship.

The course, whilst based on Christian principles, is helpful for any couple with or without a Christian faith or church background. It is also fine for anyone in a committed partnership too. You will need to arrange your own babysitting.

We look forward to seeing you.
Helen and John Lucas
For enquiries see contacts below

Please contact us as soon as possible, thank you.

Helen and John Lucas

PH 37202627

Email: jh.lucas@bigpond.net.au